

DANCE CRITERIA / TECHNIQUE

TUCK JUMP

Expectation: Thighs horizontal, knees bent to 90°

- Insufficient tuck (thighs up to 44° below horizontal) - up to .2
- Thighs >44° below horizontal - credit as stretched jump with abstract leg position

WOLF JUMP

Expectation: Thighs horizontal, one knee bent to 90°

- Thighs up to 44° below horizontal - up to .1 each
- Thighs >44° below horizontal - credit as stretched jump

PIKE JUMP

Expectation: 90° closure, legs straight

- Closure 91° - 134° - up to .2
- Closure >134° - credit as stretched jump

RING LEAP or JUMP / SHEEP JUMP

Expectation: Head release backward past vertical line, foot at waist or head height required

- No head release - credit as different element
- Waist height required - up to .2 if at least hip height
- Head height required - up to .2 if at least shoulder height
- Front leg should be a minimum of 45° - up to .1

CAT LEAP

Expectation: Thighs horizontal, 90° hip angle, knees bent, legs turned out, alternate leg lift

- Thighs up to 44° below horizontal - up to .1 ea
- Incorrect leg position (lack of knee bend) - up to .2

STRADDLE PIKE JUMP

Expectation: Thighs horizontal, 135° split, legs slightly forward with hips piked

- Thighs up to 44° below horizontal - up to .2
- Split missing up to 44° - up to .2
- Thighs >44° below horizontal or split <91° - credit as different element

SIDE SPLIT JUMP

Expectation: 135° or 180° split required

- Split missing up to 44° - up to .2
- Split less than 91° - credit as different element

SPLIT / STAG SPLIT / SISSONE / TOUR JETE

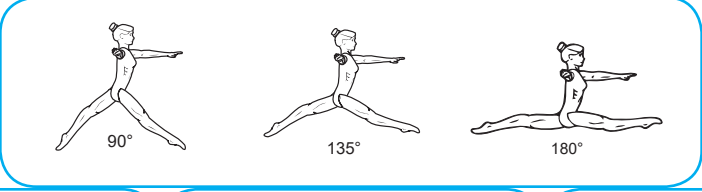
Expectation: 135° or 180° split required

- Split missing up to 44° - up to .2
- Split less than 91° - credit as different element

SWITCH LEG LEAPS

Expectation: 135° or 180° split required after switch, straight leg swing before switch to at least 45°

- Leg swing below 45° - up to .1
- If stag prior to first split - up to .2
- Split missing up to 44° - up to .2
- Split less than 91° - credit as different element



Tuck, Cat, Wolf, Straddle Pike, Hitchkick

• **horizontal expected**
If up to 44° below horiz, - deduct up to 0.2
If > 44° below horizontal, - credit different element

Pike Jump

• **90° closure expected**
If 91°-134° closure, - deduct up to 0.2
If > 134°, - credit as stretched jump

Split Leaps/Jumps

• **135° or 180° split expected**

If up to 44° is missing, 90° - deduct up to 0.2
If > 44° is missing, - credit different element

Dance Turns and Leaps/Jumps w/ Twists

(1/1 or more)
1° - 44° deduct .05 - .1
45° - 89° deduct .15 - .2
If > 89° is missing, - credit different element

Turns are complete when heel drops.
Twists are complete when feet land.