

# Points of Emphasis

1. Use of the Green Card/Delay of Game
2. Managing Safe Play in the 8-Meter Arc
3. Offensive Fouls Inside the Critical Scoring Area



PLAY.  
PERFORM.  
COMPETE.  
TOGETHER.

## Rules Revisions

1. The clock will stop on the official's whistle after each goal and when a foul is called in the critical scoring area during the last minute of each quarter.
2. When one player draws illegally, the free position will be from the spot of the ball; and when both players draw illegally, a re-draw will be at the center line.
3. The indirect free position for a minor foul by a defense player occurring in the 12-meter fan has been eliminated, and the player who is fouled may shoot from a free position on the 12-meter fan.
4. For a pick to be legal, the crosse must be in a vertical position (between 10 o'clock and 2 o'clock) and the player's body shall be in a vertical plane with a stance not wider than shoulder width.
5. The definition of a major foul for Illegal Stick Contact now includes contact with the opponent's crosse when a player's crosse is held in a horizontal position.
6. The definition of a Rough/Dangerous Check now includes checking an opponent's hand.

Sport image provided by Minnesota State High School League.

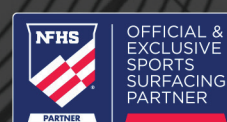


# 2025 GIRLS LACROSSE

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